



GUIDE to Resource Sharing

inspired by SLMDances' BodyBusiness



L to R: Kendra Ross, Sharon Cromer, Italy Welton, Arin Maya Lawrence, Kiki Williams exchange contact information and resources at SLMDances 2015 production *BodyBusiness*. Photo Credit: Kearra Gopee

BodyBusiness re-envision the economic practices of the dance world and encourages greater transparency of the artist experience.

Use this guide to swap skills, time and opportunities with fellow artists & those in your community who support you in the style of SLMDances' BodyBusiness.

SLMDances' BodyBusiness work makes plain the needs of today's dance artists, creates a sense of community and inspires us to think and **act from a place of abundance**, empathy and urgency. We trust that we have all that we need among our collective communities.

Resource-sharing is one of three essential elements of BodyBusiness. This process is an example of how you can exchange resources of value outside of money to get your work done - whether that work is making art, calling for radical political action, or both. This model was co-developed with an organization called **OurGoods**. Please visit their website to learn more about resource sharing for the creative community.

OBJECTIVES:

- Identify what you HAVE to offer your community
- Exchange resources to move the work you are visioning into the next phase
- Build what the [People's Institute for Survival and Beyond](#) calls a "net that works" - a network of community members engaging in mutual aid so that everyone's needs are met



WHAT YOU'LL NEED:

- 1-2 facilitators to guide process (we always recommend shared facilitation)
- **For an in person gathering:** paper and writing utensils
- **For a virtual gathering:** a chat or commenting function on your platform that all participants can see



CHECK IN

Checking in is an essential ritual to establishing community and building relationships.

1. Facilitators introduce themselves including their names, gender pronouns, and share how they're feeling, modeling the full honesty that we invite folk to show up with.
2. Invite all participants in the space to check in, including support persons.

Sample prompt:

**How are you feeling
for real for real?**

WHAT DO YOU HAVE TO GIVE?

There is an abundance of resources. Among us, we have all we need and we can get what we need. This is a practice of standing in that power.

Share your HAVES in person:

1. Facilitator models sharing "HAVES" and the best way to contact them: email, phone, direct message or other.
2. Participants write a list of offerings on individual blank paper, OR
3. Participants write offerings on chart or butcher paper with their name & contact info.

Sample prompt:

**Let us know what skills
or resources you're
willing to share. For
example, I have: sewing
skills, I can cook, and I
have rehearsal space. I
can be reached by my
email**

ilove@community.com

Share your HAVES virtually:

1. Facilitator models sharing "HAVES" and the best way to contact them: email, phone, direct message or other.
2. Participants request to speak i.e. unmute your microphone in a zoom gathering or request to join instagram live.
3. Participants write offerings & contact information in the chat.

MATCHING NEEDS

This is an opportunity to facilitate connection points between participants.

Making connections for an in person gathering:

1. Facilitator asks people to share their HAVES.
2. Facilitator invites others to identify if they **also have** what has been shared aloud. Participants now see multiple people who offer the same resources.
3. Encourage people to speak to those who have what they need and to exchange contact information.

Sample dialogue:

Would anyone like to share?

I have sewing skills.

When you hear someone else say something you also have, I invite you to affirm that by raising your hand and saying "Me!"

Me! [More people raise their hands.]

When you hear someone say something that you **NEED** hold out both arms and say "yes!"

Yes! [Multiple people who need a seamstress extend their arms.]

Meet one another and chat!

Making connections for a virtual gathering:

1. Facilitator reads aloud any offerings written in chat or comments, or invites a participant to speak.
2. Facilitator invites others to affirm that they may **also have** something someone shared and encourages them to also share their contact information.
3. Encourage virtual participants to connect with the person making the offering.

Sample prompt (for Instagram Live):

Let us know what you have by requesting to join Live or dropping your HAVES in the comments. Be sure to let folks know how to contact you in case they need your offering.

CHECK OUT

This is an opportunity to honor what has happened in the space with this particular group of people.

In person gathering check out:

1. Invite participants to share aloud a reflection on this experience.
2. Thank everyone for participating and invite them to stay connected.

Virtual gathering check out:

1. Invite participants to comment a reflection on this experience.
2. Facilitators read each comment aloud then affirm with "I lift you up."
3. Thank everyone for participating and invite them to stay connected.

Sample prompt:

**In a word, what
will you take away
from this
experience?**

Sydnie L. Mosley Dances (SLMDances) is a New York City-based dance-theater collective that works in communities to organize for gender and racial justice through experiential dance performance and education.

Want to bring our experienced facilitators to share this process with your community? Email us!

